

- I. Introduction.**
 - A. The only way we can live for God is by being filled with or controlled by the Holy Spirit.**
 - B. If we live a Spirit-controlled life, we will please God and experience a fulfilled life.**
- II. Know Christ, No Condemnation (v.1-4).**
 - A. Those who are in Christ are delivered from condemnation and destined to spend eternity in God's presence (v.1).**
 - 1. To be in Christ means that you are in the Body of Christ, the Church (see 1 Cor. 12:27 and Eph. 5:23).**
 - 2. You become a member of the Body of Christ by being born again, by accepting Christ as Savior and Lord (see John 3:3-6 and 1:12).**
 - B. We're all subject to spiritual laws (v.2).**
 - 1. The law of sin and death: You sin, you die!**
 - 2. The law of the Spirit of life: Got Spirit, got life!**
 - C. The Mosaic Law made people aware of sin but it could not deliver them from sin, so God sent his Son to this planet to condemn sin and confer life (v.3).**
 - D. Because Jesus, the sinless one, became a sin offering for us, we who are sinners can be looked upon as though we've never sinned (v.4).**
- III. Life In and Through the Spirit (v.5-14).**
 - A. To act right you must first think right; right action begins in the mind (see Rom. 12:2 and Eph. 4:23).**
 - B. To think right you must know and believe the truth; the Bible, the inspired Word of God, is the truth.**
 - C. Once you're thinking right, the next step is to act right; in and through the Spirit, obey God's Word.**
 - D. If you think right and act right you will feel right (v.5,6).**
 - E. Those who are truly Christ's live in and through the Spirit (v.9,10; 1 John 2:4; and Matt. 7:16,20).**
 - F. When Jesus returns the Spirit will change our mortal bodies in glorious bodies (v.11; 1 Cor. 15:54; 1 Thess. 4:16,17; and Phil. 3:21).**
 - G. As followers of Jesus we are so privileged AND we are so responsible ...we have an obligation to live in and through the Spirit (v.12-14).**